

## Your Human Body Form - *excerpt from the Mind - Brain - Body Connection*

Your human body form is a holographic picture image that "mirrors" what is going on inside of your auric brain.

Holographic picture images are made of "units of radiation" that are lit by "light" inside of your auric brain. Everything that you see, and experience, occurs inside of your auric brain. Manifest matter is holographic picture images.

Form means forms of thoughts. Manifest matter is thought forms, created and experienced inside of the auric brain. Human consciousness is currently experiencing the thought forms as solid because human consciousness fell to the level of energy the holographic picture thought forms express within, in a planetary system. This level of radiation, within which the "manifest picture hologram" always expresses, is what humans call the troposphere.

The human body form is a "thought form" representing human consciousness that fell into the holographic picture of the earth hologram. It is similar to falling into a movie, shown upon a movie screen, made of light. It is similar to falling into the words on this page, which are "light picture images".

If you walk between a movie projector and the movie screen the movie is being projected onto, you create a shadow image in the movie on the screen. The movie is a picture made of "light". The movie does not shine through the picture of your human body because the light particle of the movie are less dense than the light particles that make up the picture of your human body form. Instead of shining through your human body form, the light particles of the movie are "scattered" around your human body form, creating a shadow outline image of your human body upon the movie screen.

Healed, balanced faces of Source do not express in a dense body form, such as the human body form. Therefore, light particles flow "*through them*" instead of scattering around them. When light particles *pass through* a thought form the picture image of the thought form is not "seen as a visible picture image". It is the "scattering of light particles" that create the forms we call manifest matter.

Thoughts hold specific coding, or encryption. The encryption of a thought is the result of the creator of the thought thinking about the thought. The new thought encryption, that will express as a light image, is created simply via thinking about the thought. The first step in the process is to have the "idea", also called the "intention". The intention begins the process of creating the encryption of the thought. Continuing to focus on, think about the thought, creates the thought.

Thoughts are not experienced, or seen, until they are drawn into the auric brain and turned on. Turning on a thought is the process of the thought flowing through the auric brain and "light" shining into the encryption of the thought.

Humans call the "visible" encryption of a thought "particles". Particles are "light particles" or units of light radiation. What humans call elements and chemicals are light particles. Such light particles are the "pixels" that compose the manifest picture of the thought. The human body form is a light picture image, composed of light particles, which humans call chemicals and biological organisms. The chemicals, which build up to create the biological organisms, are units of light particles bound to each other. Human science calls such bonds "chemical bonds". Chemical bonds are what fuse the light particles of the manifest picture together to create the "form" of the manifest picture image.

All such components, light particles, chemicals, elements, chemical bonds are, "radiation" emitted by our local replicated Source Star mind. The human body picture form is composed of units of radiation of our local Star mind, as is all pictures humans call manifest.

The level of energy that the human auric brain is currently running off of is the level of energy of earth's troposphere. However, it is a level of energy of the *upper layer* of earth's troposphere. Manifest pictures of the hologram humans are experiencing as a holographic universe, including the earth hologram, is composed of lower, denser units of radiation than those of the upper layer of the earth's troposphere. Humans call the upper layer of earth's troposphere "air".

In comparison between air and what humans call manifest matter, the human auric brain would be considered by humans as existing in the air. This is why the few humans who can see "part" of what we call "auric fields" see such levels of radiation "surrounding" the picture of the human body thought form. Auric fields makeup the auric brain. Humans do not see the auric brain as a manifest picture image because it is higher in radiation than the manifest picture images humans see as manifest creation.

It "feels" like your human body thought form is solid to you because your auric brain is currently operating off of the same level of radiation the human body thought form is composed of, but at a slightly higher gradient of that level of radiation.

When you have body sleep dreams you see manifest picture images. You are the "observer" in your body sleep dreams. The experience "feels" very real. You experience all kinds of emotions. You can experience the senses of sight, smell, sound and taste. You can even experience the sense of touch, perhaps driving a

car, or riding a bike. The dream feels and seems to be very real, until your body returns to body awake mode, then it "feels" as though nothing in the dream was really solid manifest.

Both the dream time experience and the body awake experience occur in the human auric brain. The dream time experience seems to be not real because humans have been programmed to call real the illusion of pictures of the body awake experiences. The body awake experiences are also a dream. Humans have simply forgotten they are.

When you cycle into dream time experiences you are cycling into focusing / experiencing thoughts within higher energy brain waves. Such higher energy brain waves correlate to what we call the upper layers of the earth's atmosphere, and sometimes beyond. When you return to body awake mode you return the focus of your auric brain into the layer of radiation of the earth's troposphere, back into the holographic picture image we call manifest matter.

The only difference is the level of radiation you are focusing your attention into, or thinking within. The awake, aware, mental reasoning, focusing into the picture of the earth hologram, occurs within what humans call beta brain waves. Beta brain waves are the lowest energy brain waves human consciousness currently steps down within.

Even when you are in body awake mode, stop what you are doing, look off into space, and think about something, you are then focusing in higher energy brain waves. The hologram around you seems to blur to your vision. We call this "lost in thoughts", and "deep thinking". You have "shifted" your focus of attention into a higher level of radiation. The thoughts you experience when doing so do not seem to be "real" or "solid manifest" because you are experiencing them in a higher level of radiation, or higher energy brain waves. You may become so "lost in your thoughts" that you do not hear someone speak to you and lose all awareness of what is going on around you.

This is what occurs when you cycle into body sleep mode. The hologram around you is "turned off" within you, and you experience the thoughts flowing through you within higher energy brain waves. When you cycle into body sleep mode your earth hologram "stops running". It stops playing through your auric brain. For humans, body sleep mode is a cycle of cycling into higher energy brain waves. It is the cycle of a daily accretion of energy.

The day begins in lower energy brain waves. As you experience in the daily cycle you cycle up and down in brain waves, depending on where you are focusing your thoughts. Cycling up and down in brain waves is the

result of shifting up and down in vibration. We might compare it to the needle on a thermometer going up and down throughout a daily cycle. Except, the highest vibration rate would occur at the peak temperature on the thermometer.

When the human body cycles into body sleep mode in the daily cycle, it is because you have been rising and falling in vibration rate throughout the daily cycle. You reach a point when you cycle into the highest vibration rate you can reach in the daily cycle, which shifts the focus of your auric brain into higher energy brain waves. Your hologram is turned off within you. You experience thoughts in higher brain waves, of higher levels of radiation and your auric brain releases what it can from the coding of your auric brain.

While you are focused in higher levels of radiation, the auric brain works to "reset" the coding of the auric brain, which pictures as what science calls DNA in the picture of the human body thought form. Thoughts are stored in human DNA to become thought memories. Thoughts that are no longer needed for the life experience are turned off, they may become what science calls "long term memories" if they are not released from the auric brain. Thoughts that are stored in human DNA, not released, or turned off, become what science calls "short term memories".

When we stop thinking about a thought, it will first become a short term memory. If we continue to no longer think about a thought, it will become a long term memory, eventually will be released completely from human DNA, to flow back into mind. That is, as long as the embodied ray continues to remain connected to mind.

This is why brain programming while you are cycling into body sleep mode is so powerful. The auric brain will work to write those thoughts into the coding of the auric brain while you are focusing in higher energy brain waves. The auric brain will do the same with repeating thoughts you create in body awake mode. For this reason, re-programming the brain with "balanced thoughts" and releasing "imbalanced thoughts" is a process of "recoding human DNA". Imbalanced thoughts that have been running for a long time require more time to release, or recode, because they have been stored over and over again in human DNA. It is a process of releasing "all" of the coding associated with them.

When the auric brain stores thoughts in human DNA it "associates" thought experiences. This is why you can listen to a song and remember all kinds of experiences that have been associated to the song. It is why one experience can trigger the stored memory of another experience, because of the shared senses (emotions) they hold. You may smell a perfume that you only smelled when a loved one who has passed wore in your

presence. When you encounter that smell again, you remember your loved one. The memory is associated with the smell.

Human senses are not just associated with the experience of the sense but with all of the experience surrounding the sense. That is why human senses can act as "triggers" to bring back to awareness stored memories. When part of the stored memory has been released, we may encounter a trigger but not be able to remember all of the experience. We may encounter a song we have not heard in years but not be able to remember the name of the song or who sung it, even if there are other memories associated to the song.

That is why there should not be any human history. All past thought experiences should have already been purged from human DNA. As the vibration rate of the collective of humanity continues to rapidly increase, it also allows for rapid purging of stored thought memories. It also allows for "triggers" to turn on stored thought memoires that have not yet been purged. When this occurs, it is a process of walking through, or experiencing, the stored thought memories when they are turned on.

We are seeing this occur in the masses as they are walking through ancient imbalanced thoughts to purge them. They will take longer to purge as long as people continue to include them in their daily thinking process. What you choose to think about, focus your energy into, is what will continue to be written into the coding of your auric brain / human DNA. If you choose to turn your attention away from imbalanced thoughts, and instead focus on balanced thoughts, the imbalanced thoughts can be purged much faster.

What humans call the sun is the core of our local replicated Source Star Conscious Mind. The center point of our Star mind is the "creation point" within our local Star mind. Everything from the creation point of our Star mind to the boundary of our Star mind, which humans call the solar boundary, is the energy of Source "radiated" by our local Star mind. **EVERYTHING!** Without our Star mind nothing would exist inside of our Star mind. Our Star mind is creating everything that exists, and is seen as manifest, within our Star mind. Our Star mind **IS** our conscious mind.

What humans call the sun is the "core" of all of the planets that express in our star mind. There are not planets hanging out in space around the core of our Star mind. They are "holographic picture images" seen "inside" of the auric brain of those who "look". They are a thought picture image, seen as part of our holographic universe "when we look".

If no one was looking, there would not be any picture images to see. This is what quantum physics, and now physics, have proven. "Matter does not exist unless someone is looking". Which implies the someone

looking is not a manifest matter picture form. The ONLY one looking is Source mind. Source is the only one looking at the holographic manifest picture forms of creation. The holographic manifest picture forms are "thought forms", they are forms of the thoughts held within the mind of Source.

Individual identity expressions of Source (you) are "rays of consciousness" projected from the creation point of a Sour Star mind into the lowest layer of energy of a Source Star mind (the solar plane). The rays of consciousness are projected into the "four" planetary shields, which surround the core of the Star mind, and are created by the Star mind.

Planetary shields are flat spheres of radiation, which the Star mind expands around the core of the Star mind. Later we are going to look at illustrations of how the "layers of a planetary shield" are created by the Star mind. Humans are programmed to call such planetary shields, or flat disks of radiation, a planets orbital path around the sun. Once again, there are NOT spheres of planets hanging out in space around the core of the Star mind. They are holographic picture images, co-created by the collective of the rays of consciousness projected into a planetary shield, by the Star mind.

Your individual Source expression is a ray of consciousness projected into a planetary shield. A ray of consciousness "spirals" as it is projected into a planetary shield. It is a "thought" of Source mind. ALL thoughts hold the same base foundation layers of the Eternal Spiral of Creation. That base foundation spiral is 12, 9, 6, 3, 12 zero. That is what your vertical chakras, mirrored in the picture of your human body thought form is. It is a mirrored energy expression of our ray of consciousness. It is a spiral of radiation projected from the creation point of our local Star mind.

**NOTE: Insert picture of Eternal Life Grid.**

The level of energy radiation the ray of consciousness should be operating off of is the level of energy of the 12 point of the ray, of 12th chakra in the picture of the human body thought form. This level of energy radiation corresponds to the layer of the planetary fields humans call the thermosphere. This level of energy corresponds to what humans call delta brain waves.

This is the creation point of your personal ray of consciousness, as it steps down from the creation point of the Star mind. This is the point of your personal ray of consciousness that "plugs into" our local Source Star mind.

The "waves" of radiation of mind that the planetary shield is held within is what humans call solar winds. Solar winds are "harmonic waves" expanded from one of the four layers of Star mind 12, 9, 6, 3 into the

lowest layer of Star mind zero 12 (solar plane). The harmonic waves of mind (solar winds) could also be called the "brain waves" of mind. They are filled with the thoughts of Source mind. That is how the embodied rays of consciousness access the thoughts of Source, held within Source mind, via accessing the harmonic waves (solar winds) that expand around the core of the Star mind.

The level of harmonic waves the rays of consciousness can access is dependent on the layer of mind the rays of consciousness are projected from 12, 9, 6, or 3. Each level of harmonic waves holds more of Source energy, and more of Source thoughts.

The harmonic waves (solar winds) of mind are what humans currently call gamma brain waves. The level of gamma brain waves the ray of consciousness can access is dependent on the harmonic waves the ray of consciousness is "keyed to", or the layer of mind originally projected from.

It is a process of stepping the energy of Source mind stepping down in energy to the embodied rays of consciousness. This is how Source mind gets the thoughts of Source into the energetic structure of a planetary shield to see and experience the thoughts held in Source mind.

Using the words of humans, this is how brain waves correlate to the ray of consciousness and Source mind.

- Gamma Brain Waves - Source Conscious Mind (outer space beyond the earth system in solar plane)
- Delta Brain Waves - 12 point of ray of consciousness (12th chakra) Thermosphere
- Theta Brain Waves - 9 point of the ray of consciousness (9th chakra) Mesosphere
- Alpha Brain Waves - 6 point of the ray of consciousness (6th chakra) Stratosphere
- Beta Brain Waves - 3 point of the ray of consciousness (3rd chakra) Troposphere

As the spiral of the ray of consciousness steps down in energy the vibration rate of the ray of consciousness steps down in vibration. The highest vibration point of the ray of consciousness is the 12 point and the lowest point of vibration is the 3 point. The zero 12 point pretty much flat lines but not completely.

Healed, balanced rays of consciousness focus as their normal daily focus of attention within delta brain waves. Instead of cycling up in brain waves, as human consciousness does, they consciously cycle down in brain waves, to see the manifest hologram, then cycle back up in brain waves. For the human experience, it would be similar to closing your human eyes, thinking then opening your eyes to look at what you created.

Human consciousness cannot retain focus of attention in delta brain waves for a daily cycle of accretion because human consciousness is currently operating off of the vibration rate associated to the 3 point of the

ray of consciousness. This is because human consciousness "fell" in vibration rate, falling into the level of radiation the picture of the hologram displays within.

The spiraling ray of consciousness holds the flows of Source mind, which step down in energy within the ray. This is what creates the vibration rate of the ray of consciousness. The zero 12 point of the ray of consciousness creates the "boundary" of the thought of the ray. The zero 12 point radiates a sphere of radiation around the ray of consciousness to create the zero 12 point boundary of the auric brain, or the outer sphere of the layers of the auric brain. Because the vibration rate of the zero 12 point of the ray is so low, the wave that is expanded from it is pretty much flat lined, meaning it has hardly any peaks and valleys in the wave. It could also be considered at the "shell or casing" of the auric brain. This is what creates the so called "vacuum" within which the hologram of manifest matter thought images occurs. Everything you see and experience occurs "inside" of this so called vacuum.

The vibration rate of the 12 point of the ray is the highest vibration rate. Simply via vibrating, it expands the energy of Source, held within the vacuum, the furthest away from the ray of consciousness, creating the "longest brain waves". This is the brain waves humans call delta brain waves. For those who can see auric fields, it would be the layer of radiation the farthest from the picture of the human body form.

If you compared this to dropping a rock in a pond of water, the waves that expand farthest from the point the rock was dropped are the longest, yet they hold the most energy, which allowed them to expand the farthest from the creation point.

Theta brain waves are expanded from the 9 point of the ray "inside" of delta brain waves. Alpha brain waves are expanded from the 6 point of the ray, inside of delta brain waves. Beta brain waves are expanded from the 3 point of the ray, inside of alpha brain waves.

It is the exact same creation process that creates the four planetary shields and the four layers of a planetary shield, expanded around the core of the Star mind. It is why we see the largest energy planet the farthest from the creation point. It is a matter of getting the "top" of the mirrors at the top. Creation of auric brains is the creation of the mirrors that Source mind looks at the thoughts of Source within.

Human consciousness is healing from a fragmented state, expressing as gender, and increasing in vibration rate to do so. This is necessary to return to balance with mind and experience the balanced expression of the hologram. It is what ascension means.

Increasing in vibration rate means to be able to cycle up into delta brain waves and "remain" within that vibration rate, instead of having to cycle back down into beta brain waves. It means to raise the energy of the rays of human consciousness that fell to the 3 point vibration rate back up to the 12 point vibration rate. A 3 point vibration rate is a 3 point planetary accretion rate. This means that accretion of energy occurs at the wave length of the 3 point of the ray of consciousness.

Accretion of the energy of Source, within the rays, is a breathing process. What is breathing is the auric brain as the layers of brain waves are expanded out around the ray of consciousness and drawn back into the ray of consciousness. The energy drawn back into the ray of consciousness is called the back flows and the energy expanded around the ray of consciousness is called the out flows.

When the rays of consciousness plugged into a planetary shield remain connected to Source mind, the harmonic waves released from mind expand within the solar plane, entering into the planetary shields, from the core of the planet, which is the core of the Star mind, or the sun.

The following is using the words humans have created for cardinal directions. The truth is, such cardinal directions only apply to "self" and where self finds self within creation. Such is based on self "looking" at a manifest thought form. Even the concept of up and down is based on self.

The energy of mind enters into the planetary shield at the center point, or core, and expands east and west of the creation point, flowing along the equator. When the flows of radiation reach the zero 12 point layer of the planetary shield they split and flow north and south to the poles. At the poles, they flow back to the center point. However, they do not yet flow back into mind. This is the flows of radiation that create what humans call the four layers of the atmosphere. We experience these flows of radiation as if they fall back down to the surface. We will look at more of that in planetary structure.

The flows of radiation step down in energy to create the four layers of the planetary hologram. These are the flows of radiation science also calls earth's magnetic fields. There is nothing magnetic about them. This is the way mind provides the energy of mind to the embodied rays of consciousness.

The rays of consciousness then accrete the flows of energy of mind via the breathing process of the auric brain, drawing the flows of radiation unto the rays of consciousness and "raising them back up" in vibration so they can then flow back into mind. The amount of energy returned to mind determines the next release and amount of energy from mind, into the planetary shield.

When a ray of consciousness plugs into a planetary shield they plug into the zero 12 point of the planetary shield. This is also call the "collective thought pool". They plug the thoughts of Source mind they are coded with into the collective thought pool. This allows all rays plugged into the thought pool to be able to access the thoughts of Source mind carried into the planetary shield by the rays. It is what allows us to experience the same holographic reality field. Yet, you are not aware of all there is to see. You are only aware of the thoughts you draw back unto yourself and turn on within yourself.

As you breath in your auric brain you are expanding and contracting brain waves from your ray of consciousness. As you do so, you "collect thoughts" within your brain waves. The thoughts you collect are turned on as they flow within your auric brain and you experience them, see them as they are "lit" in the highest level of energy of vibration rate of your auric brain.

To be in balance with mind allows the brain waves that expand left and right side of the auric brain to hold the same amount of energy. The brain waves that expand left and right of the ray of consciousness IS what polarized energy is. It is what creates the spherical layers of your auric brain. It is what allows you the sense of direction from self.

**NOTE: Insert picture of balanced brain waves.**

Balanced brain waves are projected left and right of the ray of consciousness in a "straight path" and the waves lengths they create are the same wave lengths. This means that the peaks and valleys of the expanding left and right brain waves are in the same location, so that when they are pulled back into the ray of consciousness the peaks line up and the valleys line up.

It is the point that the waves are pulled back into each other, as they are pulled back into the points of the ray of consciousness, that visible light is created and your holographic reality field flashes on within your auric brain. This is a "sparking process" and it is mirrored in the picture of the human body thought form as what science calls "brain waves".

Science does not really know what brain waves are. They cannot see or detect brain waves, as they are levels of radiation beyond human vision, and technology detection. The brain waves of humans are so low in energy that most of main stream science pays little attention. However, there is what is considered "fringe technology" which people are using in trying to detect human auric fields and human energy. There is a field of science studying human energy fields called bioelectromagnetics.

When science is mapping the human brain to create what they call brain waves, they are mapping the "sparking" that occurs in brain cells. They consider the rate of speed as sparking, or the frequency of sparking, as brain waves. The sparking is created by brain waves but they are not actually brain waves when the sparking occurs.

Now we will look at the challenge humans currently experience in brain waves. This will assist you more to understand why people cannot hear you and why the thoughts you may offer them to consider seem to go in one ear and out the other.

Human consciousness is currently suffering from a "loss" of energy, due to fragmentation. This means that the brain waves that are projected left and right of the ray of consciousness do not all hold the same amount of energy.

Such energy loss means that not all of the peaks and valleys are in alignment with each other. Some on the right side of the ray of consciousness angle downward at a 45 degree angle instead of being on a horizontal plane. What does this create? It creates a misfire when the brain waves are drawn back into the ray of consciousness. When the peaks intersect with the valleys they cancel each other out and the information held within the waves cannot be opened to awareness within the auric brain.

This is what raising your vibration rate allows for. It allows the peaks and valleys to realign so that the consciousness of the ray can "remember" what they forgot. The missing energy is what we call, what became, what is expressing as female energy. It is what creates the concept of a left and right brain. There is only "one brain" and it should operate the same in both hemispheres.

When we talk about sound waves we are talking about waves of radiation, some of which are translated into sound tones via vibrating them within the hearing region of the auric brain. Just as the picture of the human brain have different regions that translate radiation waves into light or sound, so too does the auric brain.

When we are talking about becoming aware of the higher energy thoughts of Source mind we are talking about higher energy brain waves being able to fire, or spark, within our auric brain, allowing the thoughts of mind to be translated to the awareness of our ray of consciousness.

When the conscious focus of attention remains mostly in the lower energy beta brain waves the embodied consciousness cannot become aware of higher energy thoughts, held within higher energy brain waves. This is why, if you desire to become aware of the thoughts of Source mind, while still expressing as human, you must spend time daily focusing within higher energy brain waves, which is what meditation allows for.

Each time you do, you increase the vibration rate of your ray of consciousness, which increases the ability to draw to your ray of consciousness the longer, higher energy gamma brain waves of Source mind.

**Still to include thoughts on:**

- Stepping down to embody as human.
- Raising the energy you stepped down back up to release from the earth hologram.
- Not all faces of Source desire to embody the same amount of energy.
- Whatever is embodied must be raised back up to release from earth.
- Turning on more coding of the human body thought form, or not.